

Flip and Sew Baby Quilt Workshop

Supplies

- 1 quilt backing 36"x42" or width of fabric(WOF). It's OK to cut a bit larger and trim later.
- 1 quilt batting 36"x42" or WOF. It's OK to cut a bit larger and trim later.
- 1 center block of fabric – 12 ½"x18 ½", may be whole cloth, pieced or appliquéd
- several coordinating strips of fabric 4 ½" wide by WOF (you'll cut to length later)
- Fabric for binding cut 2 ½" wide. You'll need approximately 170" in length
- Matching thread
- Spray basting
- Masking tape
- Sewing machine and standard sewing kit, i.e.scissors, pins, rotary cutter and mat
- Iron and ironing surface

To begin all of your fabric should be neatly pressed. Spread the backing out (RS down) on your table top. Don't stretch it, just smooth it out then tape it in place. Next, fold your batting in half lengthwise and then again crosswise to find the center of you batting. Mark with a pin. Lay your batting on top of the backing(pin side up). Pat it into place, don't stretch it. Then fold ½ the batting back onto itself. Spray the backing fabric that you have exposed with the basting spray. Then pat the batting back into place. Repeat on the other half of the batting.

Now take your center block and mark the middle the same way you did the batting. Matching centers, place block in center of batting/backing layers, REMOVE INDICATOR PINS. Spray baste or pin your center block in place.

Your first 4 ½" strip will be 12 ½" long. Cut a strip that length and place RST on a short side of your center block. Pin in place. Now stitch in place with ¼" seam allowance. Place your layers flat on the table and 'flip' the strip over and finger press. To add your second strip you may add it 'log cabin' method or 'court house steps' method. I will be using the 'log cabin' method and I tend to add the strips in a counter clockwise direction. I prefer to cut strips as I go. You can simply hold your master strip up to the quilt, mark the length you need and cut it.

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Then place it RST on the next side of your center block, pin in place and stitch. Flip it over, finger press and continue adding strips until you cover the entire batting/backing layer. Note: the colors of the strips and the order in which you add them are at your design discretion.

When you have added all your strips, trim the quilt evenly all the way around the edge. Then baste stitch around the entire quilt top about an 1/8" from the edge. This holds everything in place when you add the binding.

To add the binding by machine, fold the 2 1/2" binding strip in half lengthwise and press. Then, working from either the front or the back of the quilt, align raw edges of quilt top layers and binding strip leaving about a 6" tail. Stitch the binding to the quilt backing all the way around as you normally would stitch it. Turn the quilt over.

Fold the binding around to the opposite side of the quilt. You can use the stitching line as a guide. Pin the edge of the binding in place so it just covers the stitching. Carefully machine stitch down all the way around.

CONGRATULATIONS!!! You've just finished a baby quilt!!!

NOTES: This w/s was a simple example of the 'Flip and Sew' method. You can use your own design ideas to change the size of the quilt top, center block and/or the strips. There are lots of design ideas on the internet.

Also, remember that prints are your friends. They create a charming, bright quilt for the babies receiving them and any sewing mishaps are easily disguised.

We should always try to do our best work in all of our projects because it's just good practice...however, sometimes 'done' is better than 'perfect'

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